



#### **Portuguese Economy**

- More than 90% of Portuguese companies are SME'S
- Based in traditional industries textiles, clothing, footwear, cork and wood products, beverages (wine), ceramics, glass and glassware, fish canning, metal working, oil refining and chemicals;
- Changing its role in Europe's automotive sector, IT and renewable energies – expanding to external markets, increasing exports and being representative in other countries, besides european: african, american, asian.



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#### **Graduate Surpluses**

- Economics, Management & other Business Sciences (including Accountancy, Marketing and Advertising)
- Languages & other Communication Sciences
- Teachers (mostly Secondary School Teachers)
- Social Workers & Psychologists
- **Social** & **Human Sciences**: Sociologists, Lawyers, Historians, etc.



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### **Labour Market**

#### **Graduate Surpluses** (cont.)

- Recreation, Leisure & Tourism Animators
- Travel Consultants & Organisers
- Receptionists & Information Clerks
- Engineers (Civil, Chemical, Electro, Agronomy, Environmental, IT, Mechanical,...) & Architects
- IT Analysts, Programmers & Assistants
- Nurses & several Life Science Technicians
- Sales Managers & Representatives



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#### **Less Qualified Surpluses**

- Tourism & HORECA
  - Waiters & Bartenders, Cook Assistants, Bakers & Pastry Cooks
- Construction & Public Works
  - Bricklayers & Stonemasons, Public Works Construction & Maintenance Workers, Carpenters, Painters, Plumbers, others
- Textile Industry
  - Sewers, weaving and knitting machine operators, others
- Other Manufacturing Industries
  - Welders & Flamecutters, Assemblers & other Production Clerks



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### **Labour Market**

#### Less Qualified Surpluses (cont.)

- Cleaning
  - Domestic cleaners & helpers; Cleaning staff in hotels, offices & other establishments
- Personal Service
  - Childminders & Personal Care Workers
- Shopping / Commercial
  - Shop Assistants, Stall & Market Demonstrators, Cashiers;
     Stock & Warehouse Clerks
- Transport
  - Truck & Lorry Drivers; Taxi Drivers



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#### **Permanent Shortages**

- Health Sector
  - Medical Doctors, mostly in some expert specialties
- ICT's (Information & Communication Technologies)
  - IT Engineers, with very specific profiles and skills
- Services
  - Specialized Contact Centres, Shared Service Centres



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## **Labour Market**

#### **Seasonal Shortages**

- Hotels & Restaurants
  - Bartenders
  - Waiters/Waitresses
  - Receptionists
- Agriculture
  - Fruit picking: grapes, pears, strawberries



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## The Working Conditions



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## **Working Conditions**

#### **Relevant Info**

- Lisbon has the highest wage level in Portugal, due to concentration of higher paying activities
- Normal working period cannot exceed 40 hours weekly (avg. is 39 hours, 5 working days)
- Holiday duration: in general, 22- 25 days
- Fixed term contract maximum duration: 3 years (incl. renewals during the period); mandatory to be in writing
- Day limit for supplementary work: 2 hours

Further info: www.act.gov.pt



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## **Working Conditions**

## **Temporary Work**

- Around 215 TWA's operating in the labour market
- Only TWA's licensed by the Public Employment Service (IEFP, IP) are authorised to perform the activity (assigning workers to other companies)
- For information on licensed TWA's, please visit:
   www.iefp.pt > Soluções para Entidades > Empresas
   Trabalho Temporário autorizadas



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## **The Social Security**



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## **Social Security**

#### **Deductions**

- Social Security contributions of 11% \*deducted from gross monthly earnings
- Employers contribute a further 23,75\* (\* changing at the moment)
- The employer is responsible for making the contribution for each worker, corresponding to the overall rate of 34,75% of his/her gross monthly earnings, at the District Social Security Centre (or online)
- For the self-employed, contribution rate is calculated on the basis of declared wage:
  - 25,4% (compulsory protection scheme)
  - **32%** (wider protection scheme)

Further info: www.seg-social.pt



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## **Social Security**

#### **Unemployment Benefits**

**Unemployment benefit (UB)** 

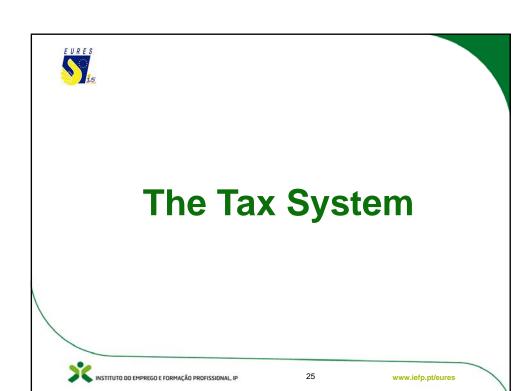
Social unemployment benefit (SUB)

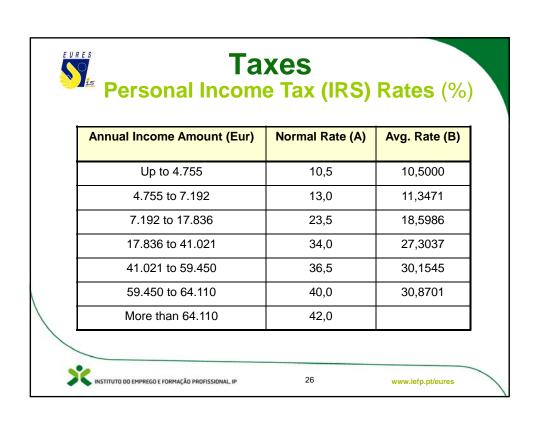
#### Partial unemployment benefit (PUB)

- Specific Conditions:
  - minimum days work paid
  - · record of contributions
- Duration depends
  - age
  - number of years with registered earnings
- 65% of the reference wage (max. limit 3 x IAS\* per month)
- IAS Social Supports Index; equal to €419,22 in 2012



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## **Taxes**

## Principles to avoid double taxation

- IRS is paid on the annual amount of income received by people living in Portugal
- In case of non-residents, it is paid exclusively on income received in Portugal
- Employers will retain 25% of the income due to non-resident employees
- To avoid double taxation, Portugal has tax agreements with the other EEA member states (and Switzerland)

Further info: www.portaldasfinancas.gov.pt



NSTITUTO DO EMPREGO E FORMAÇÃO PROFISSIONAL. IP

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# The Recognition of Diplomas and Qualifications



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## Recognition of Diplomas and Qualifications

In Portugal, access to certain occupational activities is conditioned by the possession of diplomas, certificates or other degrees. The recognition schemes are **not**, in most occupational activities, **automatic**.

**Requests for recognition** should be addressed at the competent authority in Portugal.

#### **Further info:**

NARIC - National Academic Recognition Information Centres

http://www.dges.mctes.pt/DGES/pt/Reconhecimento/NARICENIC/NARIC-ENIC.htm

PNRQ - National Reference Point for Vocational Qualifications

http://portal.iefp.pt/pnrq/index.html



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## The Language



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## Language

Although many Portuguese people speak **English**, French or Spanish, most employers will require at least a basic knowledge of **Portuguese**:

#### Portuguese e-learning tools:

- Camões Virtual Centre: http://cvc.instituto-camoes.pt/
- Easy Portuguese: www.easyportuguese.com

#### Portuguese language teacher (Camões Institute):

in several Universities in Europe:

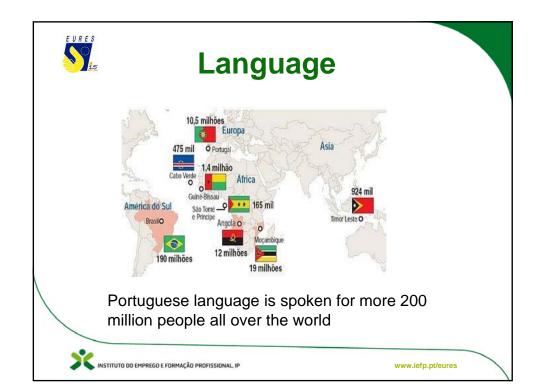
http://www.instituto-camoes.pt/lingua-e-ensino/centros-de-lingua-portuguesa/europa

#### In Portugal:

- "Português para Todos" ("Portuguese for All") Programme
- Search by "Português para Estrangeiros" in Yellow Pages (<u>www.pai.pt</u>)



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## **The Accommodation**



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## **Accommodation** (apt. Rents, €)

	Lisbon	Oporto
T2 Apartment	350 - 1100	450 – 700
T3 Apartment	750 – 2000	600 – 900
Studio (T0)	250 - 900	300 - 500





#### **Accommodation**

#### Looking for a place to stay

- Accommodation offered with a job is rare in Portugal
- Average rental of a 1 bedroom appt. Eur 500, 2 bedroom appt. Eur 700 (more expensive in Lisbon)
- Arrange for temporary accommodation before you leave:
  - Portugal Official Tourism website

www.visitportugal.com > Where to stay (EN)

Portuguese Youth Hostels network

www.pousadasjuventude.pt

 Most newspapers ("Classificados" sections) and real estate agencies are already on the Internet...



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#### **Accommodation**

#### Looking for a place to stay

#### **Useful websites**

- Portal da Habitação www.portaldahabitacao.pt
- ComprarCasa (APEMIP Associates Portal) www.comprarcasa.pt
- ERA Portugal <u>www.era.pt</u>
- REMAX Portugal <u>www.remax.pt</u>
- Lardocelar Imobiliários e Serviços <u>www.lardocelar.com</u>
- Imoproposta <u>www.imoproposta.pt</u>
- BPI Expresso Imobiliário <a href="http://clix.bpiexpressoimobiliario.pt">http://clix.bpiexpressoimobiliario.pt</a>
- Casa Sapo Portal Nacional de Imobiliário <u>www.casa.sapo.pt</u>

Further links: please check at the EURES Portal > L&W section



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## The Health Care System



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#### **Health Care**

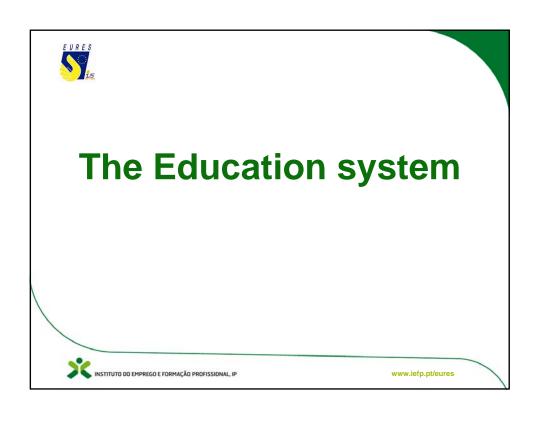
#### **National Emergency Services: 112**

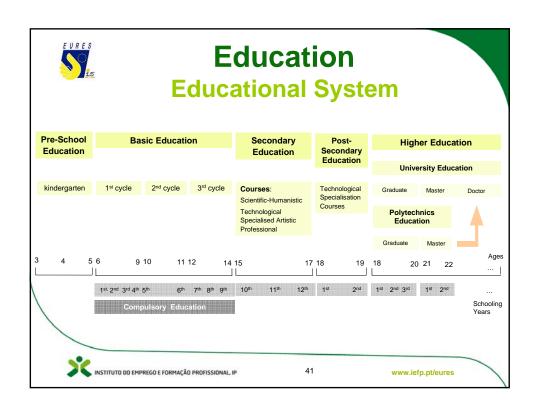
- Medical services from the NHS (National Health System) are free to EEA citizens working or looking for work in Portugal
- When travelling to Portugal, don't forget your European Health Insurance Card
- Once you start working, and after being registered in Portuguese Social Security, register with the nearest Health Centre
- **Health Centres**: general practice/family medicine, public health care, nursing, vaccination and some diagnostic exams
- Public Hospitals: external specialist consultations, hospitalization and emergency services

Further info: www.portaldasaude.pt or www.dgs.pt



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## The Cost of Living



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## **Cost of Living**

#### **Food and Beverages**

Milk (1 lt) €0,47 - 0,99 Bread (1 kg) €1,65 - 4,10 Pork Meat (1 kg) €2,98 - 4,50 Beef (1 kg) €12,48 - 19,97 Eggs (6 units) €0,59 - 1,09 Codfish (1 kg) €7,29 - 19,98 Oranges (1 kg) €0,79 - 1,29 Apples (1 kg) €0,64 - 1,69 €1,39 - 3,54

Beer (1 lt) €1,39 – 3,54
 Bottle of Wine (0,75 lt) €1,59 – 8,69

Coke (1 lt)  $\leq 0.89 - 0.95$ 



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## **Cost of Living**

#### Leisure

1 cup of coffee ('bica') € 0,55 - 1,20

• 1 theatre ticket €10,00 – 30,00

• 1 McMenu (McDonalds) € 4,25

• 1 DVD €19,00 - 25,00

• 1 meal in a café / snack bar € 6,00 - 8,00

• 1 meal in a restaurant (2nd class) €10,00 - 25,00

Packet of 20 cigarettes 
 € 3,50 – 6,00

1 daily newspaper € 0,80 – 1,60



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## Looking for a job



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## Looking for a Job

#### **Job Search Strategies**

- Invest in the Portuguese language learning
- Contact the EURES Advisers network in your country
- Visit <u>www.eures.europa.eu</u> for info on job vacancies and living and working conditions in Portugal
- Place your CV on the EURES portal or, if you have enough knowledge of Portuguese, on <u>www.netemprego.pt</u>
- Search for job opportunities in several on-line job banks (see Useful Contacts document)



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## Looking for a Job

When in Portugal...

#### Register yourself:

- in a **Job Centre** ("Centro de Emprego")
- on <u>www.netemprego.pt</u>

(Contact Centre in Portugal: 808 200 670)

#### You can also:

- check for ads in newspapers
- check online job banks
- apply for a job at TWA's, if you're willing to accept a temporary job (make sure it is authorised to operate)



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## Looking for a Job

**Checklist** (before leaving)

- I have a valid Identity Card or Passport
- I have a copy of the labour contract or written document confirming the provided work terms and conditions, and I completely understand them
- I have documents proving my professional experience, training/education degrees and professional certificates
- I know the wage payment method and frequency
- I can guarantee accommodation in the area where I'm going to work
- I have the European Health Insurance Card
- I have enough money to remain in Portugal until I get my 1<sup>st</sup> wage
   payment or to return to Sweden in case of need



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## Looking for a Job

#### **Other Advices**

- Previously check situation in the labour market in Portugal, through the Internet (e.g. EURES Portal or online newspapers) and/or getting in touch with Portuguese EURES Advisers
- Make sure that you have the adequate Portuguese language level to the job and, in case of need, improve it in due time
- Take previous employers' references with you
- Take out travel insurance
- Contact Social Security in your Country for more information on the Portuguese social protection system
- Contact NRP, NARIC or a EURES Adviser for further info on the recognition of your qualifications and skills in Portugal



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## Starting up your own Business



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## Starting up a business

#### Portuguese added value

• Investment opportunities

IT & new technologies, tourism, trade, bioagriculture,...

- Strategic access to markets
- Modern road & communication infrastructures
- Quality of life and nice working environment



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## Starting up a business Useful Links

- Company Portal www.portaldaempresa.pt
- Firm On-Line <u>www.portaldaempresa.pt/CVE/pt/EOL</u>
- Firm on the Spot www.empresanahora.mj.pt
- Company Stores <u>www.portaldaempresa.pt/CVE/pt/LojaEmpresa/</u>
- Enterprise Europe Network in Portugal www.enterpriseeuropenetwork.pt
- AICEP (Portuguese Agency for Investment and External Trade)
   www.investinportugal.pt
- IAPMEI (Institute of Support to SME's) www.iapmei.pt



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## **Further info**

## Please contact a Portuguese

**EURES Adviser** 

or visit:

Website: <a href="https://www.iefp.pt/eures">www.iefp.pt/eures</a>

E-mail: eures-jobseeker@iefp.pt



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